LAW & DISTRICT AAC

CLUB RANKINGS

2005 to 18th February 2025

Rankings are taken from www.thepowerof10.info

If you notice any errors, please email Darran Muir (muirdarran@yahoo.com)

LAW & DISTRICT AAC

High Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

High Jump

Female

Rank	Name	Height	Age Group	Venue	Date
1	Emily McNicol	1.69	U20	Kilmarnock	12-May-18
2	Cara-Jay Murdoch	1.4		Glasgow	03-Jul-22
3	Linzi Mclaren	1.4	U20	Emirates Arena	10-Jan-16
4=	Pamela McNicol	1.3	U20	Grangemouth	02-Aug-15
4=	Reagan Binnie	1.3	U23	Grangemouth	01-Sep-19
6=	Sophie Evans	1.2	U20	Ayr	23-Jul-23
6=	Lynn Livesey	1.2	U20	Glasgow	13-Dec-09
6=	Margaret Newell	1.2	U20	Grangemouth	31-Aug-14
6=	Rebecca Warren	1.2	U20	Scotstoun	19-Aug-12
10	Alison Cameron	1.15	U23	Linwood	25-Apr-10
11=	Julie Dobbin	1.1	U20	Wishaw	01-May-11
11=	Victoria Price	1.1		Carluke	17-Sep-16

Rank	Name	Height	Age Group	Venue	Date
1	Emily McNicol	1.65	U17	Aberdeen	23-Aug-14
2=	Emma Bhatti	1.55	U17	Grangemouth	17-May-09
2=	Heather Baird	1.55	U17	Emirates Arena	19-Jan-13
4	Pamela McNicol	1.53	U17	Emirates Arena	02-Mar-14
5	Erin McGurk	1.51	U17	Sportcity	10-Mar-24
6=	Bethany Lang	1.45	U17	Emirates Arena	17-Oct-21
6=	Amy McAdam	1.45	U17	Emirates Arena	10-Jan-16
6=	Linzi Mclaren	1.45	U17	Livingston	08-Aug-15
9	Dion Ingram	1.42	U17	Emirates Arena	14-Feb-16
10=	Neve Elliott	1.4	U17	Ayr	23-Jul-23
10=	Rachel Phillips	1.4	U17	Kilmarnock	28-May-17
10=	Lucy McCormack	1.4	U17	Emirates Arena	02-Feb-20
13	Anya Towers	1.35	U17	Kilmarnock	23-Jun-13
14	Kirsten Cherrie	1.3	U17	Grangemouth	31-Aug-14
15=	Lucy Corns	1.25	U17	Crownpoint	27-Apr-24
15=	Claire Cartledge	1.25	U17	Kilmarnock	08-Jun-14
15=	Danielle McCafferty	1.25	U17	Carluke	17-Sep-16
15=	Niamh Anderson	1.25	U17	Carluke	17-Sep-16
15=	Rachel Donnelly	1.25	U17	Grangemouth	27-May-18
20=	Naomi McLaughlin	1.2	U17	Kilmarnock	08-May-22
20=	Jade Keisler	1.2	U17	Carluke	17-Sep-16
20=	Lucy Shannon	1.2	U17	Wishaw	09-May-15
20=	Sherelle Graham	1.2	U17	Wishaw	01-May-11
24=	Helen Futty	1.15	U17	Carluke	17-Sep-16
24=	Pamela Newell	1.15	U17	Carluke	17-Sep-16
26=	Eve MacDonald	1.1	U17	Carluke	17-Sep-16
26=	Margaret Newell	1.1	U17	Carluke	29-Sep-12
26=	Sarah Barrie	1.1	U17	Wishaw	05-May-13

Rank	Name	Height	Age Group	Venue	Date
1	Emily McNicol	1.57	U15	Grangemouth	07-Jun-13
2	Erin Burns	1.53	U15	Glasgow	20-Feb-05
3=	Heather Baird	1.51	U15	Glasgow	11-Dec-11
3=	Pamela McNicol	1.51	U15	Wishaw	17-Jun-12
5	Dion Ingram	1.5	U15	Wishaw	09-May-15
6=	Amy McAdam	1.45	U15	Wishaw	28-Jun-15
6=	Rachel Phillips	1.45	U15	Carluke	17-Sep-16
6=	Reagan Binnie	1.45	U15	Carluke	29-Sep-12
9	Rachel Hunter	1.41	U15	Emirates Arena	15-Mar-15

LAW & DISTRICT AAC

High Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

High Jump

Female

10=	Alice Fingland	1.4	U15	Linwood	27-Apr-08
10=	Leah Keisler	1.4	U15	Wishaw	07-May-16
12=	Erin McGurk	1.35	U15	Grangemouth	20-May-23
12=	Skye Davidson	1.35	U15	Crownpoint	30-Apr-23
12=	Ciara Scullion	1.35	U15	Emirates Arena	10-Jan-16
12=	Fiona Currie	1.35	U15	Emirates Arena	01-Dec-19
16	Julie Dobbin	1.31	U15	Grangemouth	07-Jun-08
17=	Lucy Taylor	1.3	U15	Ayr	09-Jun-24
17=	Isla Cameron	1.3	U15	Grangemouth	01-May-22
17=	Aleshia O'Connor	1.3	U15	Emirates Arena	16-Jan-22
17=	Abbie White	1.3	U15	Battersea	09-Jun-18
17=	Caitlin Thomson	1.3	U15	Carluke	17-Sep-16
17=	Christina Murray	1.3	U15	Dumfries	17-Apr-11
17=	Ellie Davidson	1.3	U15	Carluke	17-Sep-16
17=	Katie Foss	1.3	U15	Kilmarnock	26-Jun-16
17=	Lucy Mccormack	1.3	U15	Kilmarnock	28-May-17
17=	Rachel Donnelly	1.3	U15	Carluke	17-Sep-16
17=	Shannon Waldron	1.3	U15	Livingston	07-Jun-15
17=	Sherelle Graham	1.3	U15	Grangemouth	23-May-10
17=	Rosie Watson	1.3	U15	Livingston	28-Jul-19
29	Anya Towers	1.29	U15	Glasgow	13-Feb-11
30=	Lucy Corns	1.25	U15	Grangemouth	20-May-23
30=	Kirsten Cherrie	1.25	U15	Carluke	29-Sep-12
30=	Nadene Traynor	1.25	U15	Grangemouth	23-May-10
30=	Niah Welsh	1.25	U15	Crownpoint	18-Aug-15
30=	Nicole Bryce	1.25	U15	Carluke	29-Sep-12
30=	Roxanne Motaghian	1.25	U15	Glasgow	06-Mar-11
36=	Kathleen Ramage	1.2	U15	Carluke	17-Sep-16
36=	Mirran Struthers	1.2	U15	Dumfries	29-Jun-14
36=	Nina Fyfe	1.2	U15	Carluke	17-Sep-16
36=	Olivia Ferguson	1.2	U15	Carluke	17-Sep-16
40=	Hannah Jamieson	1.15	U15	Emirates Arena	17-Oct-21
40=	Chelsea Waddell	1.15	U15	Carluke	29-Sep-12
40=	Claire Cartledge	1.15	U15	Wishaw	12-May-13
40=	Jessie Gilchrist	1.15	U15	Emirates Arena	27-Jan-19
40=	Niamh Anderson	1.15	U15	East Kilbride	04-May-14
45=	Freya Togneri	1.1	U15	Ayr	09-Jun-24
45=	Devyn Smith	1.1	U15	Crownpoint	27-Apr-24
45=	Jessica Robson	1.1	U15	Carluke	17-Sep-16
48=	Pamela Newell	1.1	U15	Kilmarnock	08-Jun-14
48=	Alexandria Phillips	1.05	U15	Carluke	17-Sep-16
50	Lauren Allen	1.05	U15	Carluke	17-Sep-16
51	Jade Keisler	1	U15	Livingston	\

Rank	Name	Height	Age Group	Venue	Date
1	Alice Fingland	1.42	U13	Wishaw	16-Sep-06
2	Emily McNicol	1.38	U13	Grangemouth	03-Aug-11
3=	Anya Towers	1.35	U13	Glasgow	14-Mar-10
3=	Rachel Hunter	1.35	U13	Meadowmill	30-Aug-14
3=	Reagan Binnie	1.35	U13	Grangemouth	10-Jun-11
6	Leah Keisler	1.33	U13	Grangemouth	12-Jul-15
7=	Isla Cameron	1.3	U13	Grangemouth	01-May-22
7=	Christina Murray	1.3	U13	Dumfries	29-Aug-10
7=	Heather Baird	1.3	U13	Dumfries	29-Aug-10
7=	Zoe Douglas	1.3	U13	Livingston	05-Aug-18

LAW & DISTRICT AAC

High Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

High Jump

Female

11=	Ashleigh Anderson	1.28	U13	Wishaw	20-Sep-08
11=	Lucy Carr	1.28	U13	Scotstoun	01-Jul-18
13=	Chelcie Dalziel	1.25	U13	Grangemouth	23-Jul-06
13=	Katie Foss	1.25	U13	Wishaw	28-Jun-15
13=	Niah Welsh	1.25	U13	Dumfries	29-Jun-14
13=	Niav Douglas	1.25	U13	Kilmarnock	29-May-16
13=	Rosie Watson	1.25	U13	Kilmarnock	28-May-17
13=	Sherelle Graham	1.25	U13	Wishaw	20-Sep-08
13=	Abbie Boyle	1.25	U13	Emirates Arena	08-Dec-24
19	Lucy Mccormack	1.24	U13	Carluke	17-Sep-16
20=	Eilidh Cameron	1.2	U13	Grangemouth	22-May-22
20=	Olivia Inglis	1.2	U13	Kilmarnock	08-May-22
20=	Julie Dobbin	1.2	U13	Dunfermline	10-Sep-06
20=	Lucy Cairns	1.2	U13	Grangemouth	10-Jun-12
20=	Pamela McNicol	1.2	U13	Grangemouth	30-May-10
20=	Roxanne Motaghian	1.2	U13	Grangemouth	23-May-10
20=	Anna Boss	1.2	U13	Emirates Arena	08-Dec-24
26=	Chloe Gardiner	1.15	U13	Crownpoint	27-Apr-24
26=	Ciara Scullion	1.15	U13	Kilmarnock	22-Jun-14
26=	Eva Fitzpatrick	1.15	U13	Carluke	17-Sep-16
26=	Fiona Currie	1.15	U13	Grangemouth	15-Jul-18
26=	Kirsten Cherrie	1.15	U13	Wishaw	01-May-11
26=	Rachel Donnelly	1.15	U13	Kilmarnock	17-May-15
33=	Laila McRae	1.12	U13	Grangemouth	15-Jul-18
33=	Molly Kennedy	1.12	U13	Livingston	05-Aug-18
35=	Amy McAdam	1.1	U13	Wishaw	06-May-12
35=	Hannah Todd	1.1	U13	Grangemouth	27-May-18
35=	Melissa Currie	1.1	U13	Emirates Arena	27-Jan-19
35=	Rachel Phillips	1.1	U13	Grangemouth	01-Jun-14
35=	Susannah Kay	1.1	U13	Livingston	22-Aug-18
40	Jessica Inglis	1.06	U13	Grangemouth	15-Jul-18
41=	Amy Watkins	1.05	U13	Glasgow	20-Feb-11
41=	Eilidh Austin	1.05	U13	Carluke	17-Sep-16
41=	Rachel Watson	1.05	U13	East Kilbride	30-Jun-19
41=	Rachel Stevenson	1.05	U13	East Kilbride	30-Jun-19
45	Pamela Newell	1.03	U13	Dundee	22-Sep-13
46=	Amy Watt	1	U13	Carluke	17-Sep-16
46=	Elizabeth Kay	1	U13	Emirates Arena	08-Jan-17
46=	Isabelle Simpson	1	U13	Carluke	17-Sep-16
49=	Hayley Berry	0.9	U13	Emirates Arena	04-Jan-14
49=	Shannon Gough	0.9	U13	Carluke	17-Sep-16
51=	Abbey McCormack	0.8	U13	Carluke	17-Sep-16
51=	Dara Kennedy	0.8	U13	Carluke	17-Sep-16
51=	Dawn Russell	0.8	U13	Carluke	17-Sep-16
51=	Iona Syme	0.8	U13	Carluke	17-Sep-16

Rank	Name	Height	Age Group	Venue	Date
1	Ava Mitchell	1.15	U11	Livingston	22-Aug-18
2=	Aleshia O'Connor	1.13	U11	Livingston	20-Jun-18
2=	Hannah Mcdermott	1.13	U11	Livingston	20-Jun-18
4	Rebecca McCaffrey	1.08	U11	Livingston	20-Jun-18
5=	Isla Donnelly	1.01	U11	Livingston	18-Apr-18
5=	Jessica Donnelly	1.01	U11	Livingston	18-Apr-18

LAW & DISTRICT AAC

Long Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Long Jump

Female

Rank	Name	Distance	Age Group	Venue	Date
1	Laurie McKenna	5.65	U20	Bedford	28-Jun-09
2	Emily McNicol	4.98	U20	Emirates Arena	14-Feb-16
3	Codie McHolm	4.87	U20	Crownpoint	10-Sep-23
4	Pamela McNicol	4.65	U20	Wishaw	28-Jun-15
5	Victoria Price	4.25	U20	Glasgow	13-Mar-11
6	Cara Jay Murdoch	4.18		Kilmarnock	05-Jun-22
7	Rosie Watson	4.17	U20	Emirates Arena	17-Oct-21
8	Rebecca Warren	4.02	U20	Grangemouth	10-Jun-12
9	Margaret Newell	3.95	U20	Wishaw	19-Sep-15
10	Emma Gilchrist	3.9	U20	Emirates Arena	10-Dec-22
11	Hannah Kulke	3.87	U20	Emirates Arena	19-Feb-23
12	Bethany Lang	3.8	U20	Emirates Arena	27-Nov-22
13	Pamela O'Connor	3.78		Linwood	25-Apr-10
14	Pamela Newell	3.62	U20	East Kilbride	30-Jun-19
15	Alison Cameron	3.37	U23	Linwood	25-Apr-10
16	Olivia Quinn	3.31	U20	Wishaw	19-Sep-15
17	Sarah Barrie	3.3	U20	Kilmarnock	08-Jun-14
18	Hannah Stark	3.22	U20	Dumfries	29-Jun-14
19	Ayumi Faulds	3.09	U20	Crownpoint	30-Apr-23
20	Hazel Foss	2.61	V35	Edinburgh	10-Aug-14
21	Susan Jackson	2.33		Edinburgh	10-Aug-14
22	Aileen Currie	2.09	V40	Edinburgh	10-Aug-14
23	Lynn Livesey	1.92	U20	Glasgow	13-Dec-09
24	Sharon Struthers	1.45		Edinburgh	10-Aug-14

Rank	Name	Distance	Age Group	Venue	Date	
1	Laurie McKenna	5.78	U17	Grangemouth	14-Jun-08	1
2	Pamela McNicol	5.49	U17	Windsor, CAN	18-Aug-13	2
3	Leah Keisler	5.44	U17	Emirates Arena	07-Feb-19	3
4	Emily McNicol	5.29	U17	Wishaw	09-May-15	4
5	Ashleigh Farr	5.03	U17	Emirates Arena	08-Feb-18	5
6	Tiana Greenshields	4.77	U17	Emirates Arena	10-Dec-22	6
7	Aleshia O'Connor	4.71	U17	Emirates Arena	06-Jan-23	7
8	Dion Ingram	4.68	U17	Emirates Arena	14-Feb-16	8
9	Fiona Parkin	4.58	U17	Linwood	08-Jul-07	9
10	Neve Elliott	4.51	U17	Crownpoint	10-Sep-23	10
11=	Bethany Lang	4.5	U17	Crownpoint	08-Sep-21	11
11=	Hannah Cussick	4.5	U17	Dumfries	14-Sep-14	12
13	Laura Livesey	4.45	U17	San Francisco CA, USA	12-Jul-08	13
14=	Anissa Mouffok	4.42	U17	Grangemouth	11-Jan-06	14
14=	Rebecca Warren	4.42	U17	Wishaw	24-Apr-11	15
16	Jade Gray	4.39	U17	Emirates Arena	17-Oct-21	16
17	Lucy McCormack	4.34	U17	Meadowmill	12-Sep-20	17
18	Linzi Mclaren	4.32	U17	Wishaw	19-Sep-15	18
19	Natalie Brownlie	4.19	U17	Grangemouth	30-May-21	19
20=	Amy McAdam	4.11	U17	Grangemouth	21-May-17	20
20=	Danielle McCafferty	4.11	U17	Wishaw	19-Sep-15	21
20=	Rachel Donnelly	4.11	U17	Emirates Arena	27-Jan-18	22
23	Claire Cartledge	4.09	U17	Wishaw	19-Sep-15	23
24=	Julie Dobbin	4.08	U17	Linwood	25-Apr-10	24
24=	Morgan Hillier	4.08	U17	Wishaw	19-Sep-15	25
26	Lucy Corns	4.06	U17	Crownpoint	27-Apr-24	26
27	Rosie Watson	3.94	U17	Grangemouth	22-Aug-21	27
28	Lucy McCormack	3.72	U17	Scotstoun	02-Feb-19	28

LAW & DISTRICT AAC

Long Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Long Jump

Female

29	Elle Henderson	3.63	U17	Kilmarnock	17-May-15	29
30	Eve MacDonald	3.58	U17	Emirates Arena	06-Dec-15	30
31	Hannah Kulke	3.57	U17	Livingston	22-Jul-22	31
32	Naomi McLaughlin	3.54	U17	Kilmarnock	08-May-22	32
33	Kim Laird	3.52	U17	Edinburgh	10-Aug-14	33
34	Jade Keisler	3.49	U17	Emirates Arena	31-Jan-16	34
35	Evie Robb	3.48	U17	Wishaw	05-May-13	35
36	Holly Irving	3.46	U17	Wishaw	19-Sep-15	36
37	Pamela Newell	3.36	U17	Wishaw	07-May-16	37
38	Aileen Campbell	3.3	U17	Wishaw	06-May-12	38
39	Margaret Newell	3.26	U17	Motherwell	30-Jan-13	39
40=	Jennifer Futty	3.25	U17	Edinburgh	10-Aug-14	40
40=	Shannon Gough	3.25	U17	Scotstoun	02-Jun-19	41
42	Shiona McClafferty	3.05	U17	Wishaw	19-Sep-15	42
43	Sarah Barrie	3.01	U17	Wishaw	24-Aug-13	43
44	Lucy Shannon	2.8	U17	Wishaw	09-May-15	44
45	Susannah Kay	2.73	U17	Kilmarnock	08-May-22	45
46	Kirsten Cherrie	2.58	U17	Edinburgh	10-Aug-14	46
47	Yuki Faulds	2.46	U17	Kilmarnock	05-Jun-22	47

Rank	Name	Distance	Age Group	Venue	Date
1	Laurie McKenna	5.14	U15	Glasgow (S)	07-Jun-06
2	Rachel Hunter	5.03	U15	Grangemouth	10-Jun-16
3	Leah Keisler	5.01	U15	Emirates Arena	04-Feb-16
4	Pamela McNicol	4.94	U15	Dunfermline	24-Jun-12
5	Aleshia O'Connor	4.91	U15	Grangemouth	27-Aug-22
6	Abby Currie	4.72	U15	Wishaw	28-May-06
7	Heather Baird	4.63	U15	Grangemouth	02-Jun-12
8	Chelcie Dalziel	4.41	U15	Wishaw	30-Aug-08
9	Dion Ingram	4.39	U15	Wishaw	19-Sep-15
10	Niav Douglas	4.36	U15	Motherwell	28-Nov-17
11	Rosie Watson	4.34	U15	East Kilbride	08-Sep-19
12	Katie Foss	4.33	U15	Kilmarnock	29-May-16
13	Lynn Livesey	4.31	U15	Wishaw	15-Sep-07
14=	Caitlin Thomson	4.3	U15	Wishaw	19-Sep-15
14=	Fiona Parkin	4.3	U15	Wishaw	02-Jul-06
16	Julie Dobbin	4.29	U15	Wishaw	30-Aug-08
17	Lucy Mccormack	4.21	U15	Kilmarnock	13-May-17
18	Skye Davidson	4.16	U15	Emirates Arena	15-Jan-23
19	Anya Towers	4.15	U15	Wishaw	01-May-11
20	Lucy Corns	4.11	U15	Aberdeen	19-Aug-23
21	Emily McNicol	4.1	U15	Scotstoun	19-Aug-12
22	Mirran Struthers	4.04	U15	Motherwell	11-Jan-14
23	Zara Higgins	4.02	U15	Wishaw	19-Sep-15
24	Hannah Todd	4	U15	Emirates Arena	01-Mar-20
25	Amy Watkins	3.96	U15	Edinburgh	10-Aug-14
26	Devyn Smith	3.95	U15	Crownpoint	27-Apr-24
27	Elizabeth Kay	3.95	U15	Scotstoun	02-Jun-19
28	Eva Quadrelli	3.9	U15	Emirates Arena	27-Oct-19
29	Shannon Waldron	3.89	U15	Dumfries	26-Apr-15
30	Linzi Mclaren	3.88	U15	Linwood	04-Aug-13
31=	Jade Gray	3.84	U15	Emirates Arena	01-Dec-19
31=	Christina Murray	3.84	U15	Grangemouth	20-Aug-11
33	Eilidh Cameron	3.81	U15	Emirates Arena	27-Nov-22
34=	Erin McGurk	3.78	U15	Ayr	23-Jul-23

LAW & DISTRICT AAC

Long Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Long Jump

Female

34=	Nathalie Brownlie	3.78	U15	Meadowmill	12-Sep-20
34=	Niah Welsh	3.78	U15	Wishaw	19-Sep-15
37	Orla Turnbull	3.77	U15	Glasgow	03-Jul-22
38	Susannah Kay	3.76	U15	Emirates Arena	18-Jan-20
39	Laura McArdle	3.75	U15	Linwood	25-Apr-10
40	Megan Grew	3.73	U15	Wishaw	19-Sep-15
41=	Rachel Donnachie	3.69	U15	Wishaw	19-Sep-15
41=	Hannah Cussick	3.69	U15	Glasgow	08-Jan-12
43	Ciara Scullion	3.68	U15	Wishaw	19-Sep-15
44	Naomi McLaughlin	3.66	U15	East Kilbride	11-Sep-22
45	Kirsten Cherrie	3.63	U15	Wishaw	05-May-13
46	Leigh Bradford	3.61	U15	Wishaw	07-May-16
47	Pamela Newell	3.58	U15	Gateshead	30-Aug-15
48	Lucia McKenna	3.56	U15	Glasgow	03-Jul-22
49	Fiona Currie	3.47	U15	East Kilbride	08-Sep-19
50=	Shannon Gough	3.44	U15	East Kilbride	02-Sep-17
50=	Jade Keisler	3.44	U15	Wishaw	19-Sep-15
52=	Rosie Jardine	3.43	U15	Aberdeen	04-Feb-24
52=	Eve MacDonald	3.43	U15	Emirates Arena	23-Feb-14
54=	Erin Snow	3.41	U15	Wishaw	19-Sep-15
54=	Rachel Phillips	3.41	U15	Wishaw	19-Sep-15
54=	Rebecca Watson	3.41	U15	Grangemouth	27-Jun-10
57	Nina Fyfe	3.39	U15	Wishaw	19-Sep-15
58	Kathleen Ramage	3.36	U15	Wishaw	19-Sep-15
59=	Olivia Davidson	3.32	U15	Emirates Arena	21-Jan-23
59=	Niamh Anderson	3.32	U15	Wishaw	19-Sep-15
61	Emma Kearney	3.31	U15	East Kilbride	11-Sep-22
62	Eilidh Boyle	3.3	U15	Crownpoint	27-Apr-24
63	Sherelle Graham	3.29	U15	Grangemouth	27-Jun-10
64	Sarah Chambers	3.24	U15	Crownpoint	30-Apr-23
65	Amy McAdam	3.22	U15	Wishaw	19-Sep-15
66	Helen Futty	3.17	U15	Dumfries	26-Apr-15
67=	Lola Allen	3.08	U15	Livingston	10-Apr-22
67=	Nicole Bryce	3.08	U15	Wishaw	01-Sep-12
69	Laila McRae	3.05	U15	Emirates Arena	01-Dec-18
70	Hayley Lemon	2.95	U15	Wishaw	06-Sep-14
71	Margaret Newell	2.83	U15	Wishaw	07-Aug-10
72	Ruth Currie	2.78	U15	Edinburgh	10-Aug-14
73	Chelsea Waddell	2.7	U15	Wishaw	29-Apr-12
74	Kirsty Currie	2.53	U15	Emirates Arena	17-Oct-21
75	Lucy Shannon	2.51	U15	Edinburgh	10-Aug-14
76	Jill Hamilton	2.39	U15	Edinburgh	10-Aug-14
77	Evie Glen	2.36	U15	Wishaw	19-Sep-15
78	Nicole Stirrat	2.04	U15	Edinburgh	10-Aug-14
79	Abigail Gillespie	1.92	U15	Edinburgh	10-Aug-14

Rank	Name	Distance	Age Group	Venue	Date
1	Rachel Hunter	4.82	U13	Grangemouth	31-Aug-14
2	Leah Keisler	4.65	U13	Livingston	07-Jun-15
3	Ashleigh Anderson	4.29	U13	Grangemouth	23-Aug-08
4	Zoe Douglas	4.23	U13	Kilmarnock	12-May-18
5	Lucy Carr	4.21	U13	Grangemouth	27-May-18
6	Katie Foss	4.2	U13	East Kilbride	29-Aug-15
7	Pamela McNicol	4.12	U13	Glasgow (C)	31-Aug-10
8	Hannah Cussick	4.09	U13	Linwood	17-Aug-11

LAW & DISTRICT AAC

Long Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Long Jump

Female

9=	MacKenzie McHolm	4.07	U13	Kilmarnock	15-May-22
9=	Anya Towers	4.07	U13	Glasgow	14-Mar-10
11	Niav Douglas	4.06	U13	Wishaw	03-Sep-16
12	Reagan Binnie	4.04	U13	Dumfries	14-Aug-11
13	Ashley Muir	4	U13	Emirates Arena	06-Dec-15
14	Emily McNicol	3.99	U13	Wishaw	26-Jun-11
15	Hayley Crawford	3.96	U13	Grangemouth	29-Jul-17
16=	Hayley Berry	3.93	U13	Wishaw	19-Sep-15
16=	Roxanne Motaghian	3.93	U13	Glasgow	24-Aug-10
18	Christina Murray	3.92	U13	Glasgow (C)	31-Aug-10
19	Chloe Gardiner	3.86	U13	Crownpoint	10-Sep-23
20	Natalie Mcabe	3.83	U13	Emirates Arena	12-Jan-25
21=	Dayna Littlejohn	3.81	U13	Wishaw	19-Sep-15
21=	Megan Warnock	3.81	U13	East Kilbride	28-Aug-10
22	Rosie Jardine	3.79	U13	Crownpoint	10-Sep-23
23	Devyn Smith	3.78	U13	Emirates Arena	10-Dec-22
24	Alix Burns	3.76	U13	East Kilbride	11-Sep-22
25	Zara Higgins	3.75	U13	Emirates Arena	23-Feb-14
26	Lucy Mccormack	3.74	U13	Wishaw	03-Sep-16
27=	Abbie Barnstaple	3.7	U13	Emirates Arena	27-Jan-19
27=	Eva Fitzpatrick	3.7	U13	Wishaw	19-Sep-15
29	Julie Dobbin	3.67	U13	Linwood	06-Aug-06
30	Jemma Marriott	3.66	U13	Perth	23-Sep-12
31	Heather Baird	3.64	U13	Glasgow	24-Aug-10
32	Lauren Allen	3.63	U13	Wishaw	19-Sep-15
33	Susannah Kay	3.6	U13	Grangemouth	01-Sep-19
34	Amy Watkins	3.59	U13	Carluke	29-Sep-12
35	Amy McAdam	3.57	U13	Scotstoun	19-Aug-12
36	Elizabeth Kay	3.54	U13	Wishaw	01-Sep-18
37=	Lauren Sweeting	3.51	U13	East Kilbride	11-Sep-22
37=	Meg Robinson	3.51	U13	Carluke	29-Sep-12
39	Rachel Donnelly	3.48	U13	Wishaw	19-Sep-15
40=	Naomi Fleming	3.45	U13	Kilmarnock	24-Apr-16
40=	Neve Murray	3.45	U13	Emirates Arena	27-Oct-19
40=	Faye McGill	3.45	U13	Crownpoint	08-Sep-24
42	Vivian Duruh	3.42	U13	Wishaw	19-Sep-15
43=	Jessie Gilchrist	3.41	U13	Emirates Arena	10-Mar-18
43=	Lucy Cairns	3.41	U13	Grangemouth	27-May-12
45	Rachel Donnachie	3.4	U13	Edinburgh	10-Aug-14
46	May Venerus	3.39	U13	Wishaw	19-Sep-15
47	Cara Murphy	3.38	U13	Kilmarnock	08-May-22
48=	Caitlin Thomson	3.36	U13	Linwood	04-Aug-13
48=	Jessica Foss	3.36	U13	Emirates Arena	19-Feb-17
50	Mirran Struthers	3.35	U13	Grangemouth	07-Jun-13
51	Cara Wilson	3.32	U13	Wishaw	03-Sep-16
52	Molly Kennedy	3.31	U13	Livingston	05-Aug-18
53	Rachel Stevenson	3.3	U13	Grangemouth	01-Sep-19
54	Kara Forman	3.29	U13	Wishaw	09-May-15
55	Rachel Phillips	3.25	U13	East Kilbride	04-May-14
56	Evie Glen	3.24	U13	Wishaw	06-Sep-14
57=	Ciara Scullion	3.23	U13	Kilmarnock	22-Jun-14
57=	Emma Orr	3.23	U13	Edinburgh	10-Aug-14
59	Ruth Currie	3.22	U13	Carluke	29-Sep-12
60	Anna Venerus	3.21	U13	Wishaw	27-Sep-17
61	Devon Mcfarlane	3.19	U13	Wishaw	19-Sep-15
62	Rachel Stevenson	3.18	U13	East Kilbride	08-Sep-19

LAW & DISTRICT AAC

Long Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Long Jump

Female

63	Jessica Robson	3.17	U13	Wishaw	19-Sep-15
64=	Molly Baxter	3.16	U13	Scotstoun	26-Jun-22
64=	Jessica Inglis	3.16	U13	Scotstoun	02-Jun-19
66	Emilie Laats	3.15	U13	East Kilbride	02-Sep-17
67	Allyssa Bennet	3.14	U13	Livingston	06-Sep-24
68	Amy Watt	3.11	U13	Wishaw	03-Sep-16
69	Keira Higgins	3.1	U13	Wishaw	19-Sep-15
70	Kirsten Cherrie	3.02	U13	Grangemouth	20-Aug-11
71	Emma Carr	3	U13	Kilmarnock	06-Aug-17
72=	Emma Preston	2.98	U13	Emirates Arena	27-Nov-22
72=	Fiona Currie	2.95	U13	Grangemouth	15-Jul-18
74=	Niah Welsh	2.95	U13	Edinburgh	10-Aug-14
74=	Eilidh Boyle	2.94	U13	Crownpoint	30-Apr-23
74=	Olivia Smith	2.94	U13	Emirates Arena	17-Oct-21
77	Niamh Jeffrey	2.94	U13	Wishaw	19-Sep-15
78	Laura Watson	2.93	U13	Emirates Arena	05-Jan-19
79=	Pamela Newell	2.91	U13	Perth	23-Sep-12
79=	Helena Wotherspoon	2.85	U13	Crownpoint	27-Apr-24
81	Alexandria Phillips	2.85	U13	Wishaw	19-Sep-15
82	Victoria Waddell	2.83	U13	Wishaw	01-Sep-12
83	Jamie Lee Ramage	2.8	U13	Wishaw	19-Sep-15
84	Shannon Gough	2.76	U13	Wishaw	19-Sep-15
85	Jade Keisler	2.75	U13	Wishaw	06-Jul-13
85	Hayley Lemon	2.74	U13	Wishaw	24-Aug-13
86=	Cara Murphy	2.72	U13	Emirates Arena	16-Jan-22
88=	Diana Feenan	2.71	U13	Wishaw	19-Sep-15
88=	Feebi Robinson	2.71	U13	Carluke	29-Sep-12
90	Abbie White	2.7	U13	Wishaw	19-Sep-15
91	Cara Wands	2.67	U13	Wishaw	19-Sep-15
92=	Erin Snow	2.64	U13	Edinburgh	10-Aug-14
92=	Holly Gordon	2.64	U13	East Kilbride	02-Sep-17
94	Kathleen Ramage	2.61	U13	Edinburgh	10-Aug-14
95	Keri Gillan	2.58	U13	Wishaw	19-Sep-15
96	Kirsty Currie	2.54	U13	Scotstoun	02-Jun-19
97	Beverley Mackin	2.51	U13	Wishaw	19-Sep-15
98	Lorna Jackson	2.5	U13	Edinburgh	10-Aug-14
99	Ella Cowan	2.49	U13	Edinburgh	10-Aug-14
100	Halle Keisler	2.46	U13	Wishaw	07-May-16
101	Milly Johnston	2.4	U13	Crownpoint	30-Apr-23
102	Sophie Shannon	2.35	U13	Edinburgh	10-Aug-14
103=	Cara Rafferty	2.3	U13	Emirates Arena	10-Jan-16
103=	Victoria Lyon	2.3	U13	Wishaw	19-Sep-15
103=	Kirsty McOwat	2.3	U13	East Kilbride	08-Sep-19
106	Amanda Quinn	2.26	U13	Kilmarnock	28-May-17
107	Georgia Fleming	2.21	U13	Wishaw	19-Sep-15
108	Chloe Cartledge	2.11	U13	Edinburgh	10-Aug-14
109	Anna Bondar	1.6	U13	Emirates Arena	12-Jan-20

Rank	Name	Distance	Age Group	Venue	Date
1	Rebecca McCaffrey	3.83	U11	Wishaw	01-Sep-18
2	Ava Mitchell	3.8	U11	Wishaw	01-Sep-18
3	Aleshia O'Connor	3.77	U11	Dunfermline	02-Sep-18
4	Lucy Carr	3.68	U11	East Kilbride	02-Sep-17
5	Leah Keisler	3.64	U11	Wishaw	12-May-13
6	Ellie Gregory	3.54	U11	Kilmarnock	08-Jun-14

LAW & DISTRICT AAC

Long Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Long Jump

Female

7	Zoe Douglas	3.41	U11	Wishaw	03-Sep-16
8=	Hannah Mcdermott	3.4	U11	Livingston	23-May-18
8=	Hayley Crawford	3.4	U11	Wishaw	19-Sep-15
10=	Abbie Boyle	3.31	U11	Crownpoint	10-Sep-23
10=	Victoria Carr	3.31	U11	Ayr	09-Jun-24
12	Sarah Lyon	3.27	U11	Wishaw	19-Sep-15
13=	Alex Monaghan	3.26	U11	Linwood	25-Apr-10
13=	Eilidh Austin	3.26	U11	Wishaw	19-Sep-15
14=	Jemma Marriott	3.24	U11	Dundee	25-Sep-11
14=	Jessica Foss	3.24	U11	Wishaw	19-Sep-15
14=	Katie Foss	3.24	U11	Wishaw	06-Jul-13
18	Susannah Kay	3.19	U11	East Kilbride	02-Sep-17
19	Jessica Donnelly	3.16	U11	Livingston	23-May-18
20	Favor Duruh	3.14	U11	Wishaw	19-Sep-15
21=	Lucy Cairns	3.13	U11	Linwood	25-Apr-10
21=	Skye Lambie	3.04	U11	Ayr	09-Jun-24
22=	Elizabeth Kay	3.03	U11	Wishaw	19-Sep-15
22=	Isla Donnelly	3.03	U11	Livingston	05-Aug-18
25	Cara Wilson	3	U11	Edinburgh	10-Aug-14
26	Halle Keisler	2.98	U11	Edinburgh	10-Aug-14
27	Ruth Currie	2.97	U11	Glasgow (S)	03-Jul-11
28=	Erin Snow	2.96	U11	Carluke	29-Sep-12
28=	Johan Gillon	2.96	U11	Grangemouth	01-Sep-19
30	Carlina McCarthy	2.93	U11	Wishaw	19-Sep-15
31=	Iona Syme	2.92	U11	Wishaw	19-Sep-15
31=	Rachel Hunter	2.92	U11	Carluke	29-Sep-12
32	Mirren McMaster	2.9	U11	Wishaw	01-Sep-18
34=	Olivia Godfrey	2.89	U11	Wishaw	19-Sep-15
34=	Rachel Donnelly	2.89	U11	Wishaw	24-Aug-13
35	Olivia Inglis	2.87	U11	East Kilbride	08-Sep-19
37=	Helena Wotherspoon	2.85	U11	Crownpoint	10-Sep-23
37=	Fin Laing	2.85	U11	Edinburgh	10-Aug-14
39	Zara Higgins	2.81	U11	Grangemouth	05-Jun-11
40	Kirsty Currie	2.81	U11	Crownpoint	27-Aug-19
41	Destiny Robertson	2.78	U11	East Kilbride	08-Sep-19
42	Marly King	2.76	U11	East Kilbride	29-Aug-15
43	Abbey McCormack	2.74	U11	Wishaw	19-Sep-15
44=	Megan Deans	2.69	U11	Carluke	29-Sep-12
44=	Anna Venerus	2.68	U11	Wishaw	19-Sep-15
46	Olivia Welsh	2.64	U11	Wishaw	19-Sep-15
47	Pamela Newell	2.64	U11	Dumfries	14-Aug-11
48	Jessica Inglis	2.62	U11	East Kilbride	02-Sep-17
49	Neve Shepka	2.59	U11	Crownpoint	27-Apr-24
50	Rachel Watson	2.57	U11	Kilmarnock	26-Jun-16
51	Dara Kennedy	2.56	U11	Wishaw	19-Sep-15
52	Charlotte MacKenzie	2.54	U11	Edinburgh	10-Aug-14
53	Mollie Nicholson	2.51	U11	Wishaw	19-Sep-15
54	Molly Kennedy	2.5	U11	Wishaw	19-Sep-15
55	Cara Rafferty	2.47	U11	Wishaw	19-Sep-15
56	Jenny Craig	2.46	U11	Wishaw	19-Sep-15
57=	Kodi Thompson	2.42	U11	East Kilbride	29-Aug-15
57=	Shannon Gough	2.42	U11	Edinburgh	10-Aug-14
59=	Emma Muir	2.39	U11	Wishaw	19-Sep-15
59=	Zara Smith	2.39	U11	Wishaw	19-Sep-15
62	Elle Thompson	2.38	U11	Edinburgh	10-Aug-14
63	Milly Johnston	2.37	U11	Glasgow (S)	03-Jul-22

LAW & DISTRICT AAC

Long Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Long Jump

Female

64	Melissa Chapman	2.36	U11	Crownpoint	08-Sep-24
65	Lyla Steele	2.32	U11	Grangemouth	25-Jun-17
66=	Caitlin Donnelly	2.29	U11	Grangemouth	23-May-10
66=	Naomi Fleming	2.29	U11	Emirates Arena	22-Dec-13
67=	Allyssa Bennet	2.2	U11	Crownpoint	30-Apr-23
67=	Maisie MacKenzie	2.2	U11	Edinburgh	10-Aug-14
68	Erin Gough	2.15	U11	East Kilbride	30-Jun-19
69=	Abbie White	2.13	U11	Edinburgh	10-Aug-14
69=	Ella Cowan	2.13	U11	Carluke	29-Sep-12
70	Keira Higgins	2.04	U11	Edinburgh	10-Aug-14
71	Niamh Hillier	2.01	U11	Wishaw	19-Sep-15
72	Ellie McAdam	2	U11	Edinburgh	10-Aug-14
73	Abi Bandtock	1.99	U11	Edinburgh	10-Aug-14
74=	Georgina Campbell	1.96	U11	Edinburgh	10-Aug-14
74=	Miya Waldron	1.96	U11	Wishaw	19-Sep-15
74=	Abigail Gardner	1.96	U11	Crownpoint	08-Sep-24
75	Georgia Fleming	1.89	U11	Edinburgh	10-Aug-14
76	Milly Johnson	1.87	U11	Kilmarnock	08-May-22
77	Isabelle Simpson	1.7	U11	Wishaw	19-Sep-15

LAW & DISTRICT AAC

Triple Jump

FEMALE RANKINGS PER AGE GROUP - 1ST JANUARY 2005 to 18TH FEBRUARY 2025

Triple Jump

Female

Rank	Name	Distance	Age Group	Venue	Date
1	Laurie McKenna	11.31	U20	Grangemouth	13-Jun-09
2	Pamela McNicol	9.48	U17	Dumfries	29-Jun-14
3	Rebecca Warren	9.42	U20	Scotstoun	19-Aug-12
4	Emma Bhatti	9.42	U17	Wishaw	02-Aug-09
5	Emily McNicol	9.26	U17	Dumfries	29-Jun-14
6	Fiona Parkin	9.01	U17	Glasgow	06-Jan-08
7	Julie Dobbin	8.79	U17	Grangemouth	23-May-10
8	Hannah Todd	8.65	U15	Kilmarnock	12-May-19
9	Eilidh Fraser	8.58	U15	Linwood	29-May-12
10	Olivia Davidson	8.55	U15	Inverness	25-Sep-22
11	Rosie Watson	8.45	U15	Livingston	22-May-19
12	Skye Davidson	8.43	U15	Grangemouth	27-Aug-22
13	Alison Cameron	8.21	U17	Linwood	06-Aug-06
14	Rachel Donnelly	7.94	U17	Scotstoun	01-Jul-18
15	Jennifer Futty	7.86	U23	Kilmarnock	06-Aug-17
16	Natalie Brownlie	7.74	U17	Dunfermline	29-May-21
17	Pamela O'Connor	7.73		Grangemouth	27-Jun-10
18	Aimee Gray	5.18	U17	Grangemouth	05-Jun-11